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A non-profit grief & healing organization dedicated to helping parents and families living with the loss of a child

COPE Newsletter

November & December 2018



The Next Level of Healing is Helping

To all of our COPE families and supporters -

As COPE approaches our 20th year of helping grieving families, I'm sending a note of gratitude for your commitment to COPE.

With your support, we continue to impact the grief community.

Every year more parents, siblings and children are helped by participating in one of many COPE support services.

For all the families that COPE supports...

We are here for you.

You are not alone.

-Adam Rabinovitch
Executive Director



Words from Lilly COPE President and Founder

Dear COPE Families,

Everyone experiences loss at some time in their lives. And holidays are a time when the absence of someone you love is felt most.

Sitting at the Thanksgiving table, I felt thankful for everyone present while desperately missing those no longer here. I struggled to find a way to hold on to the past and everyone I've loved, and bridge the gap of separation.

How do we hold on when no one is speaking their names?

The Elephant in the Room
By Terry Kettering

*There's an elephant in the room.
It is large and squatting,
so it is hard to get around it.*

*Yet we squeeze by with,
"How are you?" and, "I'm fine,"
and a thousand other forms of trivial chatter.*

*We talk about the weather;
we talk about work;
we talk about everything else—
except the elephant in the room.*

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*There's an elephant in the room.
We all know it is there.
We are thinking about the elephant
as we talk together.*

*It is constantly on our minds.
For, you see, it is a very big elephant.
It has hurt us all, but we do not talk about
the elephant in the room.*

*Oh, please, say their name.
Oh, please, say their name again.
Oh, please, let's talk about
the elephant in the room.*

*For if we talk about their death,
perhaps we can talk about their life.
Can I say their name to you
and not have you look away?
For if I cannot,
then you are leaving me alone
in a room—with an elephant.*

Thanksgiving and Hanukkah are behind us,
Christmas and New Years ahead. There will always
be holidays, birthdays and passing dates when we
need to speak their names.

Wishing you safe and peaceful holidays,

Lilly

To share your thoughts about this posting,
please [click here](#) to visit our website and enter your
comment under the LEAVE A REPLY section.

HEALING TIPS FOR WINTER

Grief can be compared to an emotional tundra. The frigid winter months coupled with already grey feelings can be challenging. Isolation, depression and poor self care are endemic to grievers, especially during this time of year. Here are a few reasons why the winter can be difficult and what to do to cope.

1. Lack of Sunlight

A lack of sunlight, or the length of the night in some cases, can cause an increase in melatonin and a drop in the neurotransmitter serotonin and Vitamin D. All of this can throw your mind and body out of whack and leave you feeling tired, irritable and blue.

Tip: Do what you can to get outside, open the blinds, and hold on until daylight savings time.

2. Cabin Fever

Cabin fever is not a technical diagnosis but it is a well-documented phenomenon (think early US settlers who spent long winters alone in their cabins). Cabin fever describes a state of restlessness, depression, and irritability brought on by spending time in a confined space or remote area.

Where grief is concerned, being stuck inside provides you with ample time to spend ruminating, thinking of your loved one, focused on difficult emotions, and replaying unpleasant memories with little distraction.

Tip: It's okay to spend time focused on your grief, but also find constructive ways to occupy your mind like puzzles, movies, games, organizing, home repairs, calling a friend, creating art, or writing in your journal.

3. Social Isolation

The predisposition for grieverers to withdraw combined with cancelations, problems with transportation, and a desire to avoid the cold and snow can amplify your risk of falling into a cycle of emotional and social isolation. Isolation and loneliness can have a negative impact on your physical and emotional health, which we discussed in detail in this post.

Tip: Get out and go to a mall, store, support group, or place of worship. When possible, push yourself to keep plans even if it means braving the cold.

4. Not moving enough

You already know that even a small amount of exercise can have a marked impact on your physical and emotional health. Obviously, in winter your options for getting out and moving around are limited. Snowy roads, icy sidewalks, and the cold make it virtually impossible to find many opportunities for exercise.

Tip: Even though taking an hour long walk outside might not be possible, look for alternative opportunities to get at least 20 minutes of exercise a day. Try walking outside for shorter intervals, get an exercise DVD, plan an indoor workout routine, or join a gym.

5. Poor eating and weight gain

Thank goodness for bulky sweaters, am I right? Studies show that caloric intake tends to increase about 200 calories a day beginning in the fall. The rationale behind this increase is debatable as some researchers believe primitive impulses drive humans to stockpile calories in anticipation of short days and cold weather, while others think there's just more opportunity to indulge in the winter (holidays, time spent inside, and the nostalgic connections associated with food). Regardless of why you eat, bad food can leave you feeling gross on many levels.

Tip: Are you giving yourself permission to eat badly because you're sad? Are you eating out of boredom? Are you eating certain foods because you associate them with the cold weather or holidays? Be careful and be mindful of what you're eating and why.

6. It's cold

That's all. Being cold is torture.

7. You're sad

For some, the holidays present a storm of grief triggers followed by months of feeling blah (see all of the above). It's possible that the events of November and December have set you adrift on a long grief wave that won't recede until the spring thaw.

Tip: Believe that things will get better.

8. You're SAD

Winter-onset seasonal affective disorder (SAD) is a subtype of major depression that is characterized by symptoms that emerge in fall or early winter and recede during the spring. These symptoms may start out mild and become more severe and include things like irritability, tiredness or low energy, problems getting along with others, hypersensitivity to rejection, heavy feeling in the arms or legs, oversleeping, appetite changes (craving carbs), and weight gain. It goes without saying that SAD can complicate one's ability to cope with grief and other hardship.

Tip: If you think you might suffer from SAD talk to your doctor about your concerns.

Michelle Graff, LCSW
COPE Foundation Clinical Director
(p) 516-274-0540

Source: whatsyourgrief.com

[Read More](#)

For those of you who are missing a loved one this holiday season, understand that you may experience a variety of emotions, and this is a normal part of the grieving process. Everyone handles grief differently:

- Family members dealing with the same loss can have vastly different reactions, and that is okay.
- Be true to yourself about what you need and let go of expectations that do not work for you.
- People dealing with loss, can often struggle with what they want to do versus what they feel they are expected to do by others.
- Listen to your inner wisdom and decide what is emotionally best for you. It is important to find an effective way to cope with grief and it is essential to take care of yourself.
- Don't avoid the healing process, allow yourself to go through it, no matter how painful.

Courtesy of Jennifer Shapiro-Lee, LCSW
Check out more about Jennifer at: <https://www.jennifershapirolee.com/>

CALENDAR OF UPCOMING EVENTS IN DECEMBER

Monday

Thursday

17 Parent Support Group
East Meadow Library, 7:00 pm

17 Long Island Adult Sibling
COPE at Cedarmere, 7:00 pm

Wednesday

19 Parent Support Group
COPE at Cedarmere, 1:00 pm

20 Parent Support Group
Jericho Library, 7:00 pm

Friday

28 Parent Support Group
United Methodist Church, Ronkonkoma,
7:00 pm

CALENDAR OF UPCOMING EVENTS JANUARY

Monday

7 Parent Support Group
Babylon Library, 7:00 pm

7, 21 Parent Support Group
Mid Island Y JCC, 7:00 pm

14 Pregnancy and Infant Loss Group
COPE at Cedarmere, 7:00 pm

28 Parent Support Group
East Meadow Library, 7:00 pm

28 Long Island Adult Sibling
COPE at Cedarmere, 7:00 pm

Tuesday

8 Parent Support Group
Merrick Library, 1:00 pm

Wednesday

9 Parent Support Group
Chai Center, Dix Hills, 7:00 pm

16 Parent Support Group
COPE at Cedarmere, 1:00 pm

Thursday

17 Parent Support Group
Syosset Library, 7:00 pm

3 Parent Support Group
Jericho Library, 7:00 pm

Friday

11, 25 Manhattan Sibling Group
Dasha Flagship, The Galleria 6:15 pm

18 Parent Support Group
United Methodist Church, Ronkonkoma,
7:00 pm

PARENT COLUMN

We are honored to share this eloquent meditation on grief from Nick Cave, the Australian singer, songwriter and author who recently lost his 15 year old son Arthur. We hope you will find it meaningful...

"...It seems to me, that if we love, we grieve. That's the deal. That's the pact. Grief and love are forever intertwined. Grief is the terrible reminder of the depths of our love and, like love, grief is non-negotiable. There is a vastness to grief that overwhelms our minuscule selves. We are tiny, trembling clusters of atoms subsumed within grief's awesome presence. It occupies the core of our being and extends through our fingers to the limits of the universe. Within that whirling gyre

all manner of madresses exist; ghosts and spirits and dream visitations, and everything else that we, in our anguish, will into existence. These are precious gifts that are as valid and as real as we need them to be. They are the spirit guides that lead us out of the darkness..."

Read the full text on his website:

<https://www.theredhandfiles.com/communication-dream-feeling/>



*And as long as your spirit soars
There are endless possibilities.....*



CAMP ERIN® NYC

Camp Erin NYC is thinking of everyone during the holidays.

What used to be a joyous time, may be overshadowed by sadness.

Pull out your drums, your feeling stone, a picture, a memory, your Camp Erin bracelet and close your eyes and think of the lake, the memory board, luminary ceremony, your bunk buddies and cabin mates or take a look at your summer video!

Remember the support and strategies that are helping you on your journey. One step at a time.

I saw this quote and thought of all of you.

*As long as we have Memories,
yesterday remains.*

*As long as we have Hope,
tomorrow waits.*

*As long as we have Love
today is beautiful,*

-Author unknown

Sending love and hugs from the
Camp Erin Family - Ann & Jamie

COPE LABYRINTH

We welcomed almost 100 family members for our Fall dedication of more than 30 new memorial bricks on Sunday November 18th which began our second circle of love and remembrance.

The COPE Labyrinth is dedicated to our children, siblings, and loved ones.

Stay tuned for new brick memorial opportunities and dedications in 2019.

[For More Info](#)



WORLDWIDE CANDLE LIGHTING DAY

Many thanks to everyone who was able to join us for a Worldwide Candle Lighting Day on December 9th.

We gathered to honor our children, siblings and loved ones who have passed and to support the COPE families and community.



COPE VOLUNTEER SPOTLIGHT



The COPE team is so proud and grateful to welcome Isabelle Gross, our extremely committed volunteer intern.

Isabelle is a senior at Bellmore-Merrick Central High School - and as part of her “Senior Experience Program”, she is volunteering her time and talent with COPE this school year, helping with administration, marketing, communications and hands-on support including at this year’s COPE Walk.

For information on how you can volunteer with COPE, please visit our website at: <http://www.copefoundation.org/volunteer/>

November & December Passings & Birthdays

[Please click here](#) to help us honor and remember the November and December passings and birthdays of loved ones who were taken from us before their time.

November

1

Justin Carlo (1994, birthday), son of Al Carlo
Brayden Anthony Carr (2010, passing), son of Alexandra Carr
Phillip Clemens (1992, birthday), son of Frieda and Phillip Clemens
Joshua Levine (2010, passing), son of Myron Levine
Taylor Matthews (1991, birthday), daughter of Sue Matthews, sister of Ryan Matthews
Kelly Dinonno (2008, passing), daughter of Sally Ryan
Jessica Safran (2017, passing), sister of Elizabeth Safran
Michelle Scandali (2013, passing), daughter of Louis Scandali
Dylan Woods (2002, passing), son of Dina Woods

2

Angelo Collazo (2017, passing), son of Angie Collazo
Jeffrey Ryan Buchignani (2013, passing), son of Jill Buchignani-Calwhite

3

Mark Yudin (2008, passing), son of Brenda Yudin
Brandon Peykar (2013, passing), brother of Jennifer Kamin Peykar

4

George Crowley (1980, birthday), brother of Thomas Crowley
Ava Hecht (1991, birthday), daughter of Karen Gang
Jonathan Glasgal (1976, birthday), son of Judith Long, brother of David Glasgal
Jonathan Staudigel (1996, birthday), son of Sharon Gunther
Erica Halpern (2011, passing), daughter of Jacque Halpern
Michael Madigan (1978, birthday), son of Marisa Madigan
Craig Mangino (2010, passing), son of Carol & Mike Mangino
Jonathan Roth (2016, passing), son of Alexis & Ely Roth, brother of Rachel Roth

5

Sean Cody (1987, birthday), son of Kathleen Cody
Jason Coriaty (2016, passing), father of Matthew Coriaty
Brian Curci (1997, birthday), son of Christina Franklin, brother of Lisa Franklin
Michael Wolkis (2008, passing), son of Amy & Jerry Wolkis

6

Diana Laraine Gordon (1961, birthday), sister of Laraine Gordon
Alexandra Barbel Roberts (2011, passing), daughter of Andrea Roberts
Jay Jimenez (2007, passing), son of Liz Barbera

7

Douglas Caracappa (2014, passing), brother of Denise Caracappa
Clarissa Amanda Mackmayers (1992, birthday), daughter of Carroll Mackmayers
Patric Martin (1995, birthday), son of Niamh Martin
Scott Pollock (1989, birthday), son of Mady & Scott Pollock
Christopher Colella (2015, passing), son of Stephanie & Frank Colella

8

Daniel MacDougall (1991, birthday), son of Nancy MacDougall
Ori Rom (1983, birthday) son of Henry & Dalia Rom
Julie Rosen (1972, birthday), daughter of Terri & Neal Rosen
Rick Prince (1966, birthday), brother of Tracey Sherman

9

Billy Garceau (2012, passing), son of Debbie & Larry Garceau, brother of
Christina Garceau
Steven Grauer (1964, birthday), son of Susan Grauer
Taranjit Parmar (2017, passing), daughter of Kulvinder T. Kaur
Nayyira Tahaba Amatul-Majid (1994, birthday), daughter of Kalia Loper

10

Regina Denon Franco (2013, passing), daughter of Mary Anne Denon
Ori Rom (2015, passing), son of Henry & Dalia Rom
Brenton Kristoffer Smith (2015, passing), son of Stacie Snider

11

Ryan Anthony Boll (1986, birthday), son of Rose & Randy Boll
Michael DeSolano (2014, passing), father of Kylie DeSolano

12

Brittany Brophy (1989, birthday), daughter of Edward Brophy
Nicholas Ferrante (2012, passing), son of Jayne & Enrico Ferrante
Mary Quinn (1998, birthday), daughter of Kathleen & Thomas Quinn
Zachary Weltz (2001, birthday), son of Kerri Weltz

13

Valerie Bedziner (1960, birthday), daughter of Lisa Bedziner
Dr. Gabriel Goodwin (1981, birthday), son of Carol Goodwin
Fran Sharp Auslander (2009, passing), daughter of Robert & Arlene Sharp, sister
of Ari & Elissa & Shaun Sharp.

14

Rishi Prasad (2010, passing), son of Diana Allie
Sonia Dubey (1994, birthday), daughter of Mr. & Mrs. G Dubey
Taranjit Parmar (1998, passing), daughter of Kulvinder T. Kaur
Christopher F. Elshamy (2007, passing), son of Haydee Santiago

15

Eric Doll (2012, passing), son of Lisa & Daniel Doll
Michael Ferrato (2008, passing), son of Mary Ferrato
Evan Lerner (1972, birthday), son of Lois Lerner, brother of Courtney Jacobs
Markus Kotnik (2001, birthday), son of Christine & Frank Kotnik
Michael Castellano (1984, birthday), son of Nanette Loweree
Cairo Brown (2015, birthday), son of Shanet Outing-Brown

16

Jay Schneider (2014, passing), son of Bonnie Bowes
Taylor Cavaliere (1994, birthday), daughter of Dale & Ray Cavaliere, sister of
Andrea, Ray, & Jillian Cavaliere
Saida Anselma Ann Mendoza (2006, passing), daughter of April Mendoza
Myrna Quesada (2012, passing), sister of Mario Quesada
David Silverstein (2010, passing), brother of Bari & Adele Silverstein
Sarita Robinson (1972, birthday), daughter of Eticia & Ron Sosnick

17

Bryan Coyle (1983, birthday), son of Gail Coyle
Zachary Fazekas (1998, birthday), son of Sara Fazekas
Michael Grosvak (2011, passing), daughter of Donald & Kim Grosvak
Andie Orlen (1970, birthday), daughter of Joan Orlen
Eric Schalet (2014, passing), son of Sandra Protass
Rick Prince (2004, passing), brother of Tracey Sherman

18

James Totans (1982, birthday), son of Priscilla Apicella
Rachael Montalbano (2015, passing), daughter of Annette & Paul Montalbano
Peter K. Rurhy (1987, birthday), son of Angie Rurhy

19

Evan Artz (1986, birthday), son of Beverly & Bill Artz
Douglas Bird (2017, passing), husband of Jamie Bird
Elissa Rita Bradley (1975, birthday), daughter of Dolores Bradley
James Gentry (2017, passing), son of Theresa Gentry
James Hall (2017, passing), son of Mary Jo Hall
Robert Julien (1944, birthday), husband of Lilly Julien, father of Michelle, Spencer
& Greer Julien

TJ Kelly (1980, birthday), son of Janice & Tom Kelly
Maeve Grace Maguire (2011, birthday), mother of Jennifer Maguire
Gina Memoli (1980, birthday), daughter of Barbara & Mike Memoli
Cheryl Turoff (2009, passing), daughter of Sylvia Russell
Matthew Stanski (1989, birthday), son of Millie Stanski
Jennifer Tummineri (2011, passing), daughter of Annette Tummineri
Justin Weintraub (2013, passing), son of Bonnie Weintraub

20

Maurice Cauthen (2016, passing), father of Matthew Cauthen
Nicholas J. Churillo Jr. (1970, birthday), son of Anita Churillo
Jeffrey Feldman (2008, passing), son of Michael & Harriet Feldman, brother of
Jennifer Feldman

Lauren Conde (2017, passing), daughter of Maria & Rich Fietz
Jake Sporn (2012, passing), son of Russell Sporn

21

Bobby Celentano (1978, birthday), brother of Alyssa Celentano
Joseph Philip Hoehn (2003, birthday), son of Philip Hoehn
Delbert White (1997, passing), son of Howard & Annie White

22

Alycia Cimino (1987, birthday), daughter of Michael Cimino & Melanie D'Angelo
Brian Harris (2006, passing), son of Aaron Harris
Katie McLaughlin (1976, birthday), daughter of Maggie McAuliffe, sister of
Maureen Timlin

Jodie Niehoff (1988, birthday), daughter of Ruth Rubin

Lee Hirsch (2015, passing), son of Guistina Schiano

Adam Michael Zdunczyk (1981, birthday), son of Kathy Zdunczyk

Dr. Julia Zelmanovich (1971, birthday), daughter of Helena & Victor Zelmanovich

23

Susan Capanelli (1968, birthday), daughter of Michael & Rhoda Bender

Joseph Nickel (1968, birthday), brother of Donna Chaloupka

Russell Ciolli (2011, passing), son of Gloria & Bruce Ciolli

Brittany LaGrega (1988, birthday), daughter of Dyane LaGrega

Scott Magid (2014, passing), son of Helaine & Monte Magid

Alex Serpico (1984, birthday), son of Jane Serpico

Dayana Lizeth Angulo (1997, birthday), daughter of Maritza Vargas & Brian
Giordano

Jesse Weinstein (1988, birthday), daughter of Marci & David Weinstein

24

Anthony Biuso (2013, passing), son of Barbara Biuso, brother of Nicole Biuso

Michael Ditchik (2015, passing), son of Florence & Bernie Ditchik

Bailey Ginsberg (1986, birthday), daughter of Phran & Bob Ginsberg

Alisha Moore (2013, passing), daughter of Janette Moore

Marc Prusein (2015, passing), son of Linda Prusein

Erick Rattinger (2014, passing), son of Anne Rattinger

Alex Serpico (2012, passing), son of Jane Serpico

25

Thomas Bidell (1991, birthday), son of Maryanne Bidell

Eloy Conrad Duran III (1984, birthday), son of Conrad Duran

TerriAnne Clarke (2016, passing), daughter of Terry Hoffman

Christopher J. Eisele (2009, passing), son of John & Kathy Montoya

Pamela Ramoutar (1988, birthday), sister of Christina Ramoutar

Felice Schoenbrun Ahrens (1960, birthday), daughter of Roberta Schoenbrun

26

Steven Belviso (2016, passing), son of Donna Belviso

Matthew Kuzmiak (2003, birthday), son of Debbie Kuzmiak

Clarissa Amanda Mackmayers (1999, passing), daughter of Carol Mackmayers

Danielle Peress (2017, passing), daughter of Julie Peress

27

Christina Angelo (1989, birthday), daughter of Aileen & Joseph Angelo

Tara Celli (1984, birthday), daughter of Geraldine Celli
Nicholas Dempsey (2011, passing), son of Jennifer Dempsey
Cherilyn Duca (1990, birthday), daughter of Emily & Dennis Duca
Jordan Anthony (1987, birthday), son of Anna Margareta-Ruoccomonares
28

Ty Desmarais (2008, passing), son of Kristen Desmarais
Louis DiGregorio (1986, birthday), brother of Dana DiGregorio
Vincent Mascoli (1991, birthday), son of Melissa Mascoli
29

Stephanie Nathanson (2011, passing), daughter of Donna Koslosky, sister of
Robert Nathanson

Vanessa Algios (2017, passing), daughter of Maureen T. Morrow
30

Joseph Oliva (2010, passing), son of Theresa Oliva
Chase Tailer Willis (2011, passing), son of Albiona Willis

December

1

Steven Montes (1977, birthday), son of Lucy & Earnie Montes
Michael Kwartler (1988, birthday), son of Jeff Kwartler, brother of Jessica Kwartler
Michael Fodera (2016, passing), son of Marie Fodera
Jeanine Pucci (2015, passing), daughter of Bernadette Marino
Christine Manuel (2016, passing), mother of Jessica Manuel
Linda Biondo (2011, passing), daughter of Phyllis Biondo
Scott Mazzio (2009, passing), son of Dawn Occhiogrosso

2

Aaron Robinson (1993, birthday), son of Rachel Robinson
Michael Bradley (1966, birthday), son of Kathleen Dwyer
Courtney O'Bryan (2011, passing), daughter of Diane & Bill O'Bryan
Larry... (2017, passing), son of Leona Lubitz
Jamie Burch (2012, passing), daughter of Joanne Burch
Chika Okoronkwo (2015, passing), mother of Marizu Okoronkwo
Holly Gallo (2004, birthday), daughter of Denise & Daniel Gallo

3

Bobby Beauregard (1989, birthday), brother of Shannon Beauregard
Aaron Gardner (1985, birthday), son of Sarah Gardner
Justin Raja (1980, birthday), brother of Dana Raja
Marc Prussein (1982, birthday), son of Linda Prussein
Holli Haymes (2008, passing), sister of Ellen Heller
Joseph "Joe Bear" Adams (2016, birthday), son of Sherry Adams

4

Peter Cannon (2014, passing), brother of Roman & Frank Cannon
Mitchell Lippman (2014, passing), son of Mona Zenke
Aram Chowdhury (1994, passing), son of Ellen & Faizur Chowdhury
Raven Colon (1980, birthday), sister of Melissa Eberlein

5

Sharon Gallucci (1978, birthday), daughter of Patti & Dave Greenberg, sister of
Ben & Cheryl Greenberg, Robbie & Melanie Gallucci, Marne & Alexander Smyles
Michael John Pina Jr. (2011, passing)

Carmine Ambrosino (2013, passing), son of Martha & Michael Guarini

6

David Berg (1976, birthday), son of Judy & Richard Berg, brother of Erica Gavin

Michelle Alessi (1983, passing)

Keith O'Malley (1977, birthday), son of Barbara O'Malley

Linda Stasio (1968, birthday), daughter of Linda Stasio

Phillip Barlow (2012, passing), son of Lydia Barlow

Chava Swerdlik (2014, passing), daughter of Hadassah Swerdlik

Kevin Lee (1999, passing), son of Suenette Lee

Ashton Wayne Yates (2010, passing), son of Kimberlee Yates

7

Michelle Julien (1971, birthday), daughter of Lilly Julien, sister of Spencer & Dana Julien, & Greer & Billy Slovin

Owen Sheridan (2002, passing), son of Jim Sheridan

Ross Michaels (passing), son of Catherine & John Michaels

Justin Kolmer (2014, passing), son of Lee Kolmer

Alexandra Dimenstein (2010, passing), daughter of Lisa & Gary Dimenstein

8

Matt Sciacchitano (1990, birthday), son of Ron & Elizabeth Sciacchitano

Anthony Latorre (1988, birthday), son of Vito & Gina Latorre

Desiree Frantino (1994, birthday), daughter of Viola & Paul Frantino

Sammy Cohen Eckstein (2000, birthday), son of Amy & Gary Eckstein

Quenten Tomaine Favors (1995, passing), son of Maxine McKenzie-Materowski

Cody Taddonio (2013, passing), son of Susan Taddonio

Evan Lerner (2012, passing), son of Lois Lerner, brother of Courtney Jacobs

Brittany LaGrega (2010, passing), daughter of Dyane LaGrega

9

Christopher Morales (1986, birthday), son of Elizabeth Morales

10

Christine Manuel (1964, birthday), mother of Jessica Manuel

David Cooperman (1995, passing), son of Donna Cooperman, brother of Jason & Lindsay Kaufman

Michael Trichter Grauer (2007, passing), son of Teddi Grauer

Holly Gallo (2015, passing), daughter of Denise & Daniel Gallo

Liz Closter (1999, passing), daughter of Marion & Bob Closter

Craig Lewis (2015, passing), father of Courtnie Lewis

11

Kaite Gallagher (2015, passing), daughter of Nancy Gallagher

Tracey Young (2011, passing), sister of April Young

Christopher Simpson (2005, passing), son of Kenny & Kathy Prisco

Ryan Sims (2012, passing), son of Michael & Melinda Sims

Peter K. Rurhy (2010, passing), son of Angie Rurhy

12

Stephanie Nathanson (1986, birthday), daughter of Donna Koslosky, sister of Robert Nathanson

Robert Reilly (2015, passing), brother of Meagan Reilly

Samantha Lazazzaro (2015, passing), daughter of Maria Lazazzaro

13

Brian O'Connor (1968, birthday), father of Stephanie & Nicole O'Connor

Martin Belonsky (1959, birthday), son of Medline Belonsky

Nicole Theresa Russo (1975, birthday), daughter of Janice Russo-Mescia, sister

of Melanie Russo

Milo Ferrara (2015, passing), son of Nicholas Ferrara

Jesse Barnett (2013, passing), son of Nancy Rossetti

Andrea Levine (1987, passing), daughter of Phyllis & Mel Levine

Scott Pollock (2005, passing), son of Mady & Scott Pollock

14

Isabel Alessi (1980, birthday), daughter of Alla Bas

Michelle Alessi (1980, birthday)

Daniel Carroll (2008, passing), son of Kim Carroll

Michael Lombardo (2011, passing), son of Fran Jennings

15

Lance Hirsch (1970, birthday), son of Diane Hirsch

Jeffrey Vanchiro (2014, passing), son of Sylvester Vanchiro

16

Dave Greenberg (2016, passing), father of Ben & Cheryl Greenberg, Ron & Melanie Gallucci, & Marne & Alexander Smyles

Liam Barry (2012, passing), son of Matthew & Andra Barry

Jimmy (2013, passing), son of Linda Piedmont

17

Philip Stein (1962, birthday), son of Shelly & Michael Stein

Phillip Starr (1962, birthday), son of Shelly & Michael Starr

Laura Elizabeth Giampino (1986, birthday), daughter of Caryn Pesce

Ricky Britten (1955, birthday), brother of Dana Britten-Stein

Tristan Turnier-Baez (1995, birthday), son of James Baez, brother of Tatiana Turnier-Baez

Charlie Porazzo (1990, birthday), son of Susan Porazzo

Jaclyn Weil (2016, passing), daughter of Korinne Weil

Sue Coben (2011, passing), daughter of Esther & Larry Wynn

Tom Boyle (2017, passing), brother of Sara Boyle

18

Paul Peter Regan (1993, birthday), son of Maryanne Campbell

Michael Lassig (2010, passing), son of Lisa Lassig, brother of Chelsea Lassig

Sarita Robinson (2013, passing), daughter of Eticia & Ron Sosnick

Brad Rauber (2013, passing), son of Stephanie Rauber

19

Brayden Michael Smith (2010, birthday)

20

Thomas Sutton (1969, birthday), son of Betty & Nick Conides

Josephine Avolio Kovacs (1961, birthday), sister of Cathy Avolio

Kerri Marie Jackowski (2013, passing), daughter of June & Keith Jackowski

Paul Knopf (2002, passing), son of Norma & Michael Knopf

David Bleichfeld (2008, passing), son of Harriet Bleichfeld

Michael Gonzalez (2013, passing), son of Alberto Gonzalez

Peter Gschweng (2017, passing), husband of Sherly Gschweng

Dominick Triolo (2017, passing), son of Maria Triolo

Anthony Paige (2015, passing), son of Melissa Paige

21

Douglas Caracappa (1956, birthday), brother of Denise Caracappa

Pamela Posen (1988, passing), daughter of Bonnie & Marty Gregge

Jean Stout (2006, passing), daughter of Ellen Stout

Douglas Webster (2006, passing), son of Margery Webster

Ashlee Rae Wolk (2012, passing), sister of Daniella Bonfanti
22
Bonnie Brafman (2008, passing), daughter of Sandra & Stuart Brafman
Donna Hope (2005, passing), daughter of Ellen & Jack Krampf
23
Barry Drebin (1987, birthday), son of Shlomo & Rivkah Drebin
Jordan Schuman (2015, passing), son of Peri & Peter Schacknow
24
Nick Cibelli (1992, birthday), son of Pam Cibelli, brother of Jen & Michelle Cibelli
Jubin Kochummen (1978, birthday), brother of Julian Kochummen
Gary Lichtenstein (1978, birthday), son of Adam Lichtenstein, brother of Adam &
Eric Lichtenstein
Shawn Santo (2012, passing), brother of Stephanie & Steven Santo
Phillip Bach (1986, birthday), son of David & Mindy Bach, brother of Matthew
Bach
25
Amy Eberhart (2012, passing), daughter of Gail Blume
Joshua Kuchmeister (2008, passing), son of Gary & Linda Kuchmeister
Sean Egan (2002, passing), son of Ellen Seibert, brother of Paige Seibert
26
Bryan Lohr (1991, birthday), son of Barbara Lohr
Ethan Murphy (2016, passing), son of Robin Murphy
Douglas Ciullo (2007, passing), son of Eileen Simone
27
Stephanie Lagis (1980, birthday), daughter of Audrey Lagis
Lori Dudutis (1980, birthday), daughter of Maria & Joseph Dudutis
Lauren Wilkinson (2009, passing), sister of Jesse Wilkinson
Thomas Falzone (2015, passing), son of Karen Pickel
George Crowley (2015, passing), brother of Thomas Crowley
28
Andrew Burrous (2001, birthday), son of Kathy & Bob Burrous
Yaacov (Jake) Soffer Levy (1971, birthday), son of Barbara Levy
Leslie Protzel (1957, birthday), daughter of Monica Protzel
Jonathan Roth (1992, birthday), son of Alexis & Ely Roth, brother of Rachel Roth
Liz Closter (1970, birthday), daughter of Marion & Bob Closter
Raven Colon (2011, passing), sister of Melissa Eberlein
David A. Levine (1973, passing), son of Shelly Balanoff
29
Steve Weingard (1939, birthday), husband of Bonnie Weingard
Angelo Collazo (1999, birthday), son of Angie Collazo
Harrison Horowitz (2012, passing), son of Susan Weiss-Horowitz
Alexa Cardone (2015, passing), daughter of Nicole Cardone
Alycia Cimino (2016, passing), daughter of Michael Cimino & Melanie D'Angelo
Phillip Bach (2013, passing), son of David & Mindy Bach, brother of Matthew
Bach
30
Mary Eleni Lazarus (2008, passing), daughter of Eleni Lazarus
Andrew Gary Latanich (2008, passing), son of Rose Mary Latanich
Steven Shankman (2003, passing), son of Mickey Shankman
31
Thomas Yates (1970, birthday), son of Lillian & David Yates

Russell Ferber (1980, birthday), brother of Jordon Ferber
Shane R. Simcox (1985, birthday), brother of Sarah Dinan
David Michael Guzman (2011, passing), son of Sonia Lopez

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